The Positive Herd Project CIC
COVID-19 Policy

Please read the following information carefully and follow the guidance to ensure safety of yourself and others whilst at the centre.

We have implemented a thorough risk assessment to keep our centre and our activities COVID-safe, following government guidance. Although risk has been minimised, there is still some risk associated with any activity. People who are particularly vulnerable or concerned about their own risk should consider whether it is right for them to come to the farm at this time.

You must not attend the centre if;
- You have had a positive coronavirus test in the **last 10 days**. This means you have coronavirus and must self-isolate.
- You have been told to self-isolate by NHS test and trace in the **last 14 days**, or are self-isolating.
- You have been in contact with someone who has tested positive for coronavirus in the last **14 days**.
- You have had any symptoms of coronavirus, however mild, in the last **14 days**.

You must notify The Positive Herd Project if you fall into any of the above categories before your visit.

The most common symptoms of Coronavirus (COVID-19) are:
- a new continuous cough
- high temperature, over 37.7°C
- a loss of, or change to, your sense of smell or taste
- some people may also experience muscle aches, tiredness and shortness of breath.

For those who are well and wish to attend, you must:
- Consider the safest means of transport and follow the guidance on safety while travelling. Always wear a mask if on public transport or car sharing.
- Wash or sanitise your hands when you arrive and before you leave.
- Maintain regular hand washing and sanitising.
- Sign in with the track and trace app or on our signing in sheet on arrival.
- Wear a face covering when using shared spaces or in proximity to other people.
- Maintain social distancing by staying 2 metres away from other people wherever possible.
- Try to stay outside wherever possible, as it is much safer than being indoors.

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- Bring your own cup to use, and own work gloves if possible.
- Always wear a face mask when using shared spaces such as the kitchen.
- Clean work surfaces after use. Leave all used tools and equipment in the designated area for staff to clean after use.

All visitors are required to notify the PHP if they fall into one of the following categories:

- You are self-isolating.
- You have had symptoms of coronavirus in the last 14 days.
- You have tested positive for coronavirus in the last 10 days.
- You have been in contact with someone who has coronavirus in the last 14 days.
- You are pregnant or trying to conceive.
- You are over 60 years old.
- You have other health conditions which make you clinically vulnerable, such as asthma, respiratory disease or cancer.
- You are shielding.

Clinically Vulnerable Visitors

If you identify as being especially vulnerable, due to a health condition such as asthma or respiratory disease, are pregnant or trying to conceive, or are elderly then you must notify the PHP as soon as possible. You must consider the increased risk that the activity poses to your health, and make an informed choice whether to attend the centre or not at this time.

Vulnerable visitors will be protected by being provided with face masks, and having access to hand washing facilities, hand sanitiser and adhering to social distancing rules. If you are vulnerable you should wear your face mask at all times while at the centre.

People who are vulnerable may be reallocated to working at home is possible.

Increased social distancing measures will be put into place, and vulnerable workers will work separately from other workers wherever possible.

NHS Track and Trace

On arrival at the centre you must sign in using our QR code and the Covid-19 app, or on our signing in sheet. You must do this each time you visit the centre. If someone tests positive this will allow NHS Test and Trace to contact those who may have been in contact with the virus, stopping the spread.

Thank you for your co-operation in helping keep our activities safe for all. Our full Covid-19 risk assessment is available on site in the office, or online at www.positiveherd.org.uk/policies